

**BOULDER BREAKFAST
OPTIMIST CLUB**
A Spice of Life Event Center
5706 Arapahoe
[Flatiron Golf Course]

BRING A GUEST
Free Breakfast for
guest!!



Hope to see you on at all the
upcoming EVENTS

Last Wednesday, [Dr. Bill Bergman](http://www.drbergman.net) talked about “A different look at what the levels of cholesterol mean.” He has a website to read more about his work. www.drbergman.net

Remember there is not meeting next week due to Thanksgiving.

The following week, we will meet on Tuesday evening. Our program will be [Gail Wright](#). Gail is the Communicable Disease Control Specialist for Boulder County. She will talk about preparing for a natural disaster or epidemic.

Don Beu tried for the pot for the second week in a row without any luck.

Mark your calendars!! **The Brain Bowl will be January 12th** at Fairview High School. We anticipate 400 – 500 middle school students plus parents and teachers. We will need all the help we can get so recruit your friends and family. This is a great activity

The Buffs final home football game is Friday, November 23rd, when Colorado plays Nebraska. Kickoff is 10:00 am. We will have two shifts, 6:00 am – 8:30 am and 8:00 am to 10:00. Please contact Bryan or Ruth if you can work. My question to consider was answered by one. This is a great fundraiser for our club. Remember Basketball has started and the schedule is on page 3.

Programs – suggestions needed.

Upcoming Events:

Wednesday, November 21 – **NO MEETING – HAPPY THANKSGIVING!!**

Tuesday, November 27 – Gail Wright – Communicable Disease Control Specialist for Boulder County – How to prepare for a natural Disaster or epidemic.

Wednesday, December 5 – Professor Elizabeth Skewes – “Journalism and Politics”

Monday, December 10 – Eagle Court of Honor at Boulder Valley Church of Christ

HUMOR: (Blonde jokes by a blonde ??)

A blonde was weed-eating her yard when she accidentally cut off the tail of her cat that was hiding in the tall grass. She rushed her cat and the tail to Wall Mart. Why Wall Mart? Because they are the largest retailer in the world!”

A blonde pushes her BMW into a gas station. She tells the mechanic it died. After he works on it for a few minutes, it is idling smoothly. She says, “What’s the story?” He replies, “Just crap in the carburetor.” She asks, “How often do I have to do that?”

Two blondes living in Oklahoma were sitting on a bench talking..... and one blonde says to the other, “Which do you think is farther away... Florida or the moon?” The other blonde turns and says “Hellooooooo, can you se Florida....?????”

Anything is possible if you don't know what you are talking about.

Have a great week!!!

Justice High School Basketball

	<u>Girls</u>	<u>Boys</u>
Mon., November 12, First day of practice		
Fri. November 30, at Nederland	5:30 PM	7:00 PM
Thurs. December 13, Denver Street School		4:30 PM
Tues. December 18, at Shining Mountain	5:30 PM	7:00 PM
Tues. January 8, Rocky Mountain Lutheran	5:00 PM	6:30 PM
Fri. January 11, at Silver State Christian	5:00 PM	6:30 PM
Sat. January 12, Jim Elliot	6:00 PM	4:30 PM
Tues. January 15, at Gilpin County	5:00 PM	6:30 PM
Thurs. January 17, Belleview Christian	5:00 PM	6:30 PM
Fri. January 18, Christian Fellowship		5:00 PM
Thurs. January 24, Denver Street School		5:00 PM
Fri. January 25, Union Colony Prep	6:00 PM	4:30 PM
Tues. January 29, Community Christian	6:00 PM JV	7:30 PM
Thurs. January 31, Alexander Dawson	5:30 PM	7:00 PM

Note: *Home games are played at Platt Middle School*

University of Colorado Football

November 23rd, NEBRASKA, 10:00 AM

University of Colorado Basketball

November 9, Men – New Mexico, 5:30 PM
November 20, Men – Colorado Christian, 5:30 PM
November 23, Women – Coors Classic Tournament, 3:30 PM
November 23, Women – Coors Classic Tournament, 6:30 PM
November 24, Women – Coors Classic Tournament, 3:30 PM
November 24, Women – Coors Classic Tournament, 6:30 PM
November 28, Women – Northern Colorado, 6:30 PM