

CO/WY Tribal Tribune

Governor's Corner - John Swanborg 2017-2018



Fellow Optimist,

I want to thank those of you who came to the 2nd quarter conference. Twenty eight Clubs and over 90 members attended this event. **Detective Chris Stadler** was our keynote speaker, and spoke to us about the "Innocence Lost Task Force". As members, you were asked to donate items for the children who are rescued by the Task

Force. The JOI Clubs decorated and supplied boxes to put these items in, and we collected so much that the boxes were overflowing. Thank you all for your donations.

The "**Baskets of Love**" fundraiser for the scholarship fund was a big success. Fourteen baskets were donated, and members bought \$925 in tickets. **Curt Merrill** wrote a check for \$75 to bring the total to an even \$1,000. I want to thank those of you who bought tickets and a special thank you to Curt for his generous donation.

As you know, my focus this year is to educate us on the native American culture. At this conference we had **Emerson Little Elk**, who is a member of the **Lakota Tribe**, sing us several songs. When I hear Native Americans sing I assumed that they are singing a song in their native language but we learned that that is not the case. The songs they are singing are prayers.

The **3rd Quarter Conference** will be April 28th at Bethany Lutheran Church, 4500 E. Hampden Ave., Cherry Hills Village, CO. 80113. This will be the finals for the **Oratorical and CCDHH** contests. I want to encourage all of you to take time out of your busy schedules and attend this great event. What better way to honor the children who have worked so hard to get to the finals of these contests than to have several hundred Optimist there to support them.

The **Mission/Vision of Optimist International** is, "By providing hope and positive vision, Optimists bring out the best in youth/children, ourselves and our community". I hope you can join us on April 28th.

Lastly, I want to thank all the people who worked very hard to make this conference a huge success. I am not going to name people because it will be my luck that I will leave someone off the list. You know who you are and you know how much I appreciate what you do for me and the District.

John Swanborg, Governor

Colorado/Wyoming Optimist District



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District Officers

- ☐ Governor: John Swanborg, Westminster OC
- ☐ Governor-Elect: Linda McDonald, Wheat Ridge OC
- ☐ Secretary/Treasurer: Craig Baldwin, Heather Gardens OC
- ☐ Immediate Past Gov.: Paul Simon, MSOC, FRACSOC, TIDOC

Lt. Governors

- ☐ Zone 1: Andrew Stanger, Windsor
- ☐ Zone 2: Steve Armfield, Loveland
- ☐ Zone 3: Robert Krech, Gateway OC
- ☐ Zone 4: Steve Theurer, Westminster OC
- ☐ Zone 5: Jean Shelton, Arvada Clear Creek
- ☐ Zone 6: John Oss, DTC OC
- ☐ Zone 7: Wade Hammond, Wheat Ridge OC
- ☐ Zone 8: Rob Keiffer, Pueblo OC
- ☐ Zone 9: Terri Kearney, Arvada Lake Arbor

Important Websites

Optimist International:

www.optimist.org

OI Foundation:

oifoundation.org/

CO/WY District:

www.optimistcowy.org/

CO/WY Brain Bowl:

www.optimistbrainbowl.org/

CO/WY Junior Golf:

<https://sites.google.com/site/cowyoptimistgolf/home>

CO/WY District 2nd Quarter Conference Photo Album



Detective Chris Stadler



Molli Barker



Gov John Swanborg



Katrina Smith,
JOI District Governor



Westminster Optimist Club Honors the Swanborgs



Linda McDonald
District Gov Elect



Emerson Little Elk



Emerson Little Elk

More from the District Conference...

*Convention **Fun\$\$raiser** raised **\$1000.00** which was put into the District scholarship fund. We want to thank our fellow clubs and members for their support!!!!*
Kathy Sullivan & Abigail Nicholas,
Fun & Fellowship Co-Chairs



Brain Bowl Honored at
2nd Quarter Conference:
Rep by **Rich Urbanowski**
& **Nancy DeNiro**



SAVE THE DATE for the District 3rd Quarter Conference: April 28, 2018.

The 3rd quarter conference will be April 28th at Bethany Lutheran Church, 4500 E. Hampden Ave., Cherry Hills Village, CO. 80113. This will be the finals for the Oratorical and CCDHH contests.

Hands-on Project Benefits Juvenile Assessment Center

The program for our 2nd Quarter Conference was the "Rocky Mountain Innocence Lost Task Force" with **Detective Chris Stadler**. The information he provided gave us a bigger picture of the issues that law enforcement faces and the plight of the youth that are trafficked. The number has been increasing every year of children from 8 years to young adults who are sold into sexual slavery.

One organization that they partner with is the "**Juvenile Assessment Center**", and their Executive Director **Molli Barker** was in attendance to receive the donated items of socks, hats, gloves, scarfs and mittens from our clubs and members.

The district presented a check for a \$100.00 as well as donations made by **Nicole Powell** and **Trish & Curt Merrill**. She was so impressed and grateful by the generosity of the Optimists. A special thank you to our JOI Clubs for making the boxes to hold the items. Thank you all for your continued support of our "Hands on Projects".



Tamarac OC Happy Bucks Benefit Lutheran Family Service



The Tamarac OC Happy Bucks Committee reported they were able to give \$500 to Lutheran Family Services to buy bus passes for their refugee students.

Maggie Lautzenheiser-Page, School Programs Coordinator for LFS, says, "Student bus passes are one of the top needs that I see with our students. Due to high housing prices, our students occasionally have to move during the school year, so providing bus passes that would otherwise be unaffordable allows them to finish out the academic year at a school where they have established relationships with students and teachers. "

She continues, "Whenever possible we try to provide them with a bus pass to get home so that they don't have to walk after dark. Any amount goes a long way with these kids, so thank you! LFS truly admires all that the Optimist Clubs do across Colorado, so thank you for including us as you continue to make a difference."

Heather Gardens OC Defines OPTIMISM - Jeannine Montgomerie

- O** stands for **Optimistic**. Our creed compels us to be optimistic role models for our community.
- P** stands for **Positive**. Seeing the bright side of life means we are a club of "glass full" people.
- T** stands for **Telescope**. Being a member of the Heather Gardens Optimist Club means that we are now a member of a worldwide organization. We can attend meetings locally, in our district or even another country.
- I** stands for **Inspiration**. We as members are inspired to participate in activities that help us grow as a club as we in turn inspire the youth of our community.
- M** stands for **Mighty**. We are a strong, mighty influential force in our community.
- I** stands for **Information**. Our guest speakers give us information about our community that help us relate in ways that build our understanding and vision of our club.
- S** stands for **Socialization**. Not only do we get to know one another at our biweekly meetings and working on projects together, but also at our monthly Happy Hour.
- T** stands for **Teambuilding**. Our many activities such as the pancake breakfast, food drive, coat drive, etc, gives us an opportunity in small groups to get to know each other better and the projects in turn benefit the youth of our community. A team, such as the HG Optimist Club, is more powerful than an individual.



Member Link on COWY Website is Password Protected

The most updated and correct emails of District leaders is available on the district website www.optimistcowy.org, however, it is password protected due to continued hacking issues.



Also password protected is the **FORMS** page where you can review the minutes from the 2nd Quarter Executive Committee and the 2nd Quarter Board meeting.

Password is available through your club president or by replying to the email that sent this news-etter.

Longtime Optimists Make Impact At History Colorado

Doug Morton was an optimist, joining Monaco South OC in 1977 until his passing, and **Marilyn Brown** is a charter member of Tamarac Optimist Club. Their combined impact on these clubs is immeasurable, but their impact on History Colorado is amazing. Please enjoy this article from History Colorado Partners....

Marilyn Brown, and How “the Future Can Learn from the Past”

What’s a good piece of advice for anyone considering making an impact at History Colorado? “They should do it not just while they can see the results of their kindness but also with an eye toward paying it forward after they’re gone.” So says Marilyn Brown, who, with her late husband, Doug Morton, has been one of History Colorado’s most generous contributors.

Prior to Doug’s passing in 2016, his and Marilyn’s longtime commitment to History Colorado included Doug’s years of service on the board, a substantial donation to help preserve the Georgetown Loop Railroad®, and the establishment of a marital trust, which pays benefits to the surviving spouse and then to various charities. Ever since its opening in 2012, the History Colorado Center has boasted a grand staircase bearing the couple’s names—a fact Marilyn calls “humbling” but a testament to the significance of their support of the museum Marilyn still loves to frequent. With fond memories of the former Colorado History Museum and its dioramas, she loves the new History Colorado Center for the variety and interactivity of its exhibits. “Also,” she adds, “more people should go on Tours and Treks,” a reference to History Colorado’s long-running program of statewide jaunts for adults.

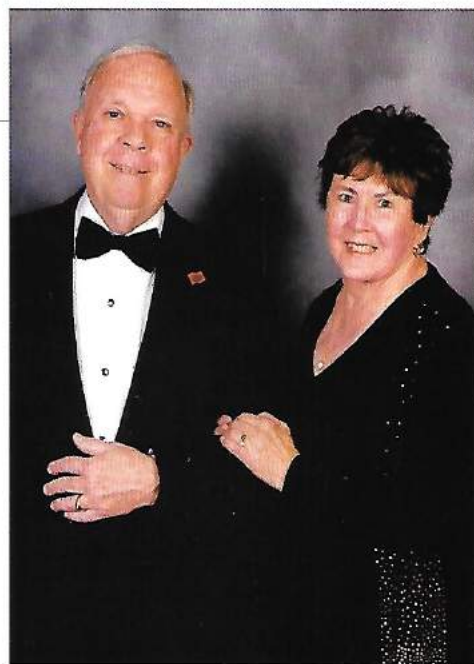
Doug and Marilyn met at a white elephant gift exchange, where she beat him in a pinball tournament. She was immediately smitten by his kindness and sense of humor. After three years of dating, the couple enjoyed twenty-nine years of marriage. Bronco games, holiday-season travel, and a regular Saturday shopping date—their favorite ritual—

were the highlights of their years together.

Ever enthusiastic about History Colorado’s mission, Marilyn refers to the couple’s gifts as “a way the future can learn from the past.” In that spirit, she has just made another significant donation, this time to the Executive Director’s

Innovation Fund—a new initiative that ensures History Colorado will have resources ready to embrace time-critical programs, projects, and ideas, allowing us to provide superb experiences that our guests have come to expect.

Good financial planning, says Marilyn, wasn’t as hard as she and Doug expected. Her other piece of advice is for couples to work with an attorney they trust. History Colorado is one of four charities that will receive residuals from their estate after Marilyn’s passing. She cites Doug’s organizational and leadership skills, along with his entrepreneurial spirit, for inspiring them both to establish a well-devised estate plan that takes care of family members first, as well as the charities that have come to rely on their support.



JOI Is On Fire!!

Donna Priester

JOI is growing and welcoming new Clubs and members this year! On Valentine's Day the Vista Ridge High School in District 49, Colorado Springs inducted the **Vista Ridge JOI Club**. 29 students – Freshmen, Sophomores, Juniors, and Seniors joined together to create a Club that will promote Optimism throughout the school and engage in Community Service projects to make their community a better place to live, work, and love (it was Valentine's Day!) They have been working to clean up the neighborhood around the school, they did a clean-up project at the Manitou Springs Incline hiking trail, and are embarking on **"A Week of Kindness"**! The future holds working with the elementary schools in their District to start new JOI clubs and to work with Senior Citizens' facilities to engage them in interaction with the youth of their community.



The club was developed by **JOI Governor - Elect Mark King**

and the excitement grew steadily until we

now have 31 and continue to ask students to be a part of a new and dynamic organization.

Scott Elementary JOI Club Wins 2nd Place for Fundraising Project

Helping the Community

The Scott Elementary Junior Optimist Club in Colorado Springs just concluded a fundraising project on January 22, 2018 to help the local **Pikes Peak Humane Society of the Pikes Peak Region**.

They began their community project by voting on several projects, and choosing the Humane Society. They titled their project **"Collection for Protection."** Members were excited to pick this project because some love animals passionately, and want to be veterinarians when they grow up.

All the club members participated in making posters and announcements, sending letters home, and decorating boxes seeking donations from the community.



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They sold donuts and hot cocoa at their school craft fair (Donuts for Dogs & Cocoa for Cats), raising \$108 for this cause. Donated items (pet food, treats, blankets, puppy pads, bath towels) were delivered by the JOI members to the Humane Society and then the JOI and family members toured the facility.

Week of Kindness Project ends with a Rousing Welcome From Scott Elementary JOI Club!

Katrina Smith, the CO/WY District JOI Governor, submitted her Week of Kindness Project to the International JOI Board and JOI Clubs are responding!

The Scott Elementary JOI Club in Colorado Springs held their week of Kindness by cheering fellow students on each day with videos and examples of Kindness. The final day of the week (Friday) they held a rally as students were dropped off for school holding signs with Kindness Inspirations for the students and parents who were driving through the school's "Kiss and Go" drop-off. The theme of the day was: "You can never be TU-TU kind when you're all TIED up in Kindness!" Everyone at the school were encouraged to wear something special to show their commitment to Kindness. Lots of TU-TUs by students and STAFF! Lots of TIES by students and Staff! What a wonderful way to start a day and thanks to the JOI Club at Scott for leading the way in helping us all remember that KINDNESS is the way to make a Difference in our World!!



T1DOC Sponsors Camp Colorado for Kids

How Your Club Can Help a Kid

The **Type 1 Diabetes Optimist Club (T1DOC)** again this year is working on a project to help send kids with **Type 1 Diabetes (T1D)** to **Camp Colorado** conducted by the **American Diabetes Association (ADA)**. The camp will be held from July 1 thru July 6, 2018 at Eagle Lake camp in the heart of the Pike National Forest located about 9 miles from Woodland Park, Colorado. More info about the Camp can be seen at

<http://www.diabetes.org/in-my-community/diabetes-camp/camps/colorado.html>

Members of the **T1DOC** want to thank those “**Optimist Clubs**” and individual “**Optimists**” who helped send kids to **Camp** last year and also thank those who have **already provided** financial support to send kids to the upcoming **2018 Camp**. Our goal this year is to help at least **30+ kids** and their families.



T1D is a very expensive disease with increasing costs for insulin, other supplies, and ongoing medical care. Families, even with insurance have a hard time funding the \$665+ cost they need to send a child to Camp. Because of required around the clock glucose level monitoring most of these kids have no other opportunity to participate in a summer camp. **Camp Colorado** operates with over 100+ medically trained volunteers providing this 24/7 care. Parents also catch a short break from night-time care while their child is at Camp.

Your Club can help in any of the following ways:

- **Underwriting the cost of a “Campership”.** A donation of **\$330** covers about half of a child’s cost to go to Camp. Smaller donations can be pooled with those from other donors.
- The **T1DOC** will again conduct an on-line auction in May hoping to raise \$10,000 to fund “**Camperships**” and support **T1D** research. “**Optimist**” members who can provide auction items are asked to contact the below **T1DOC** members. Gift cards/certificates, travel packages, wine baskets, event tickets, sports memorabilia items, lodging deals, greens fees, etc., etc. etc., make great auction items.
- Watch for more information and be an active bidder when the on-line auction runs from May 20th to May 29th. More info to follow.

Individual “Optimists” can also help out by making a tax deductible contribution. Checks should be made payable to the **American Diabetes Association** and note “**2018 Camp Colorado**” on the check memo line.

To help send a kid(s) to this special Diabetes Camp please forward a check to **T1DOC Treasurer Greg Young**, 3983 S Olive, Denver, Co 80237. The checks can be made payable to either **T1DOC** or **ADA**. For more information contact **Ron Gustas** at 720-934-3566 or e-mail at rgustas@earthlink.net, Greg Young at gndyoung@comcast.net, or **David Cooper** at david.cooper@edwardjones.com any of who can provide more info or arrange for receipt of auction items.

Many Thanks from Members of the T1DOC

Optimist Junior Golf Planning for BIG Year! **Bob Meyers**

CO/WY District is going to be sending 46 Colorado (and Wyoming) junior golfers to the 2018 Optimist International Junior Golf Championships (commonly referred to as **THE OPTIMIST**) in late July 2018 at PGA National (home of the PGA Honda Classic) in Palm Beach Gardens FL.



Of the 46, the seven age group winners (Boys 10-11, 12-13, 14-15, and 16-18 and Girls 10-12, 13-14, and 15-18) will each receive \$ 1,000, and the other 39 qualifiers will each receive \$500.

Adding in the expenses incurred with running the three District qualifiers and the adult scramble fundraiser, we need to raise about \$40,000.

Links in the email that brought you this newsletter will take you to documents and flyers about our fundraising activities. One is general information about the District Junior Golf Program. One is a **Sponsorship Opportunities flyer** that, when printed and folded, is a two-sided, tri-fold flyer.

There is an **entry form for our adult scramble** to be held on Monday, June 4, 2018, at Broken Tee Golf Course in Englewood.

The fourth is a flyer about a **live auction** that will be held in conjunction with the June 4 adult scramble. Here's a couple of links that provide additional information. The link to vacations and other items that are available at the June 5 auction at Broken Tee is <http://cowyoptimist.travelpledge.com/event>.

The link to vacations and other items that are always available to support the Colorado-Wyoming District Optimist Junior Golf is <http://cowyoptimist.travelpledge.com/>. Click on "Browse Experiences" to see all of the items available. There is a flyer about the **June 3 Optimist Day at the Rockies** vs. the Los Angeles Dodgers.

We also have a **GoFundMe** crowd-funding website.

The link is <https://www.gofundme.com/cowy-district-optimist-jr-golf>.

Windsor Gardens Pancake Breakfast - Mary Grace Wake

The Windsor Gardens Breakfast Optimists will be holding their Annual **Pancake Breakfast** on Saturday, April 28th from 7 am -11 am at Blossoms Restaurant, CenterPoint at Windsor Gardens 597 S Clinton Denver 80247.

This is our major fund raiser for the Youth Projects we support.

This is the same date as the next District meeting. Stop by prior to the meeting for all you can eat pancakes plus sausage, eggs and beverages. We will have a special table for district Optimists for fast service. It is a short 15-minute drive to Bethany Lutheran Church (location of the District meeting.) Tickets \$7.00 are available at the door. (See flyer in this newsletter)

Questions: contact Mary Grace Wake mgwake1@msn.com.



Personal Growth and Involvement (PGI) / Professional Development Program (PDP) By Larry Brown

At the 2nd CO/WY District Convention I said a few words about the PGI/PDP's but it was fast and I know several of you wanted to hear more about the programs. I left an article about the programs along with the PDP brochures on a table for your interest.

Over the past three years there has been a decline in Optimists participation in these programs at the District and Club levels. Why? A good question that leans toward the individual. Yep, why should you do this? Another good question that only you can answer.

- **Optimist International developed these programs to allow Club Members to be recognized and appreciated for personal and professional accomplishments.**
- It gives members an opportunity to participate in long-term Club involvement while learning more about Optimism.
- Gives each member the personal responsibility for his/her involvement in the Club's activities.
- Offers personal growth opportunities to each member.
- Provides members with Club meeting, membership recruitment and retention ideas.
- The PGI/PDP Programs offers every Optimist Club member the opportunity to grow personally and learn more about Optimism while advancing through ten levels of involvement, personal growth and achievement.
- PGI/PDP introduces you to Optimist International's Skills Development Modules on Public Speaking, Effective Time Management, Creative Problem Solving, Choosing Optimism as a Philosophy of Life, Orientation to Optimism for New Members, The Meeting Will Come to Order! A Parliamentary Procedure Manual, Team Building, Leadership Styles & Profiles and Mentoring - How to Build & Nurture a Relationship.

Visit www.optimistleaders.org for more modules.

So, it all comes back to the individual to get involved to enhance their PGI/PDP growth that not only helps their club but provides a better understanding of Optimism.

There is a difference between PGI Passport and PDP brochure. If you have never started working on the PGI Passport, don't start it. Start your training with the PDP brochure. Those who have started the PGI Passport are encouraged to continue with the goal of completing Level X. The PDP brochure can be started even if you are working on the PGI Passport. You cannot transfer levels you have completed in the PGI Passport to the PDP brochure. Included in the PDP brochure are three levels of advanced training. This training cannot be started until all levels of PDP have been completed. Then, only one level of the advanced training can be started and should be completed within the year started.

PGI Levels completed you will be recognized with a color tab to place behind your OI pin. PDP Levels completed you will be recognized with a certificate. Advanced levels you will be recognized with a Bronze, Silver and Gold pin. **Club Presidents are responsible for a training program that will energize their club members.** Your club should have training at least once a month. The training is of your choosing to motivate your club members. For a start I recommend looking at your new member and mentor program training. Involvement is the key to a successful club training program.

Try it you might like it!

2018 Central Region Tournament Highlights - January 20, 2018 Heritage High School



Joe & Donna Priester (Academy OC) teamed up with Dana Wedlick & Steve Patterson (OC of Littleton)

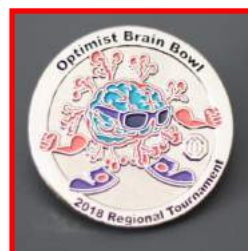


Defining the 2018 Brain Bowl: exuberance & excellence

Team strategy?



Sign on the dotted line!



2018 Championship Tournament Winners - Feb 24, 2018 Hamilton MS



6th Grade – Campus 6C



7th Grade– So Hills MS 7B



8th Grade – Summit Charter MS

A great tournament! Congratulations to all the teams! Thanks to all the great Volunteers who make the Brain Bowl possible.

SAVE THESE DATES!

Your Club's Fundraiser Flyer could be on this page in the 3rd Qtr Newsletter

This is a fun night that benefits Aurora Children!

2nd Annual Heather Gardens Optimist Club Nite at the Races

Sandburg Auditorium-Heather Gardens Clubhouse



Saturday April 21
starting at **5 pm**

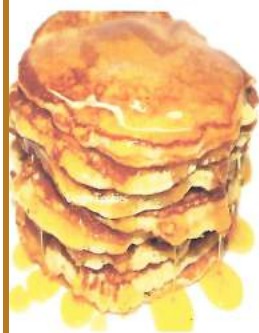
Tickets: \$25

Includes \$20 in FUNNY MONEY & DINNER

Place your funny money on pre-recorded horse races!

FUNdraiser to benefit the children of Aurora, who the Optimist are dedicated to supporting.

Purchase Tickets Contact Chuck Montgomerie
309.275.8706
chuckmontgomerie@gmail.com



WINDSOR GARDENS BREAKFAST OPTIMIST CLUB

PANCAKE BREAKFAST

SATURDAY APRIL 28

7 AM-11 AM

WINDSOR GARDENS

BLOSSOMS RESTAURANT

597 S CLINTON

\$7.00

ALL YOU CAN EAT

PANCAKES

AND

SAUSAGE, EGGS

JUICE AND COFFEE

This is our major fund raiser for our youth projects. Stop by prior to the next District Meeting. It is an easy 20 min drive from Windsor Gardens to Bethany Lutheran Church. We will have a table reserved and fast service for members going to the District meeting.

You may purchase tickets at the door or from WG members.

For further information email Mary Grace Wake mgwake1@msn.com

T1DOC OF THE ROCKIES

Type 1 Diabetes Optimist Club
Optimists For Curing Type 1 Diabetes

Please join us in our support of the American Diabetes Association (ADA) Camp Colorado and JDRF.

The ADA sponsors Camp Colorado each year to serve children between the ages of 9-17 who have type 1 diabetes (T1D). The week long camp is held each summer near Woodland Park, CO. The goal of the camp is to foster independence, self confidence, and awareness of a healthy lifestyle through education, nutrition, exercise, emotional well being and glucose control in children living with T1. A full medical staff is on site 24/7 to monitor and mentor the children.

JDRF is the largest nongovernment funder of T1D research. They are uniquely positioned to advance ground breaking therapies through the research pipeline to better treat and eventually prevent and cure T1D.

Our Optimist club will be holding an online charity auction in May to raise scholarship funds so less fortunate diabetic children will have the opportunity to attend camp, plus supporting research for JDRF. Your donation to support our online auction will be greatly appreciated. If you have questions please contact David Cooper at (720) 621-2739.

Thank you in advance for your support!



Tax ID: 23-1907729



Tax ID: 13-1623888

AROUND THE WORLD IN A BOTTLE

DTC Optimist Club Annual Fundraiser WINE TASTING & SILENT AUCTION

*** WINE & APPETIZERS ***

Saturday, April 14, 2018

1:00 TO 4:00PM

All Saints Lutheran Church

15625 E Illif, Aurora

TICKETS \$25.00

Wines from:
Portugal
Spain
Australia
New Zealand
Italy
Argentina
France



THE OPTIMIST CREED —

Promise Yourself . . .

- * To be so strong that nothing can disturb your peace of mind.
- * To talk health, happiness and prosperity to every person you meet.
- * To make all your friends feel that there is something in them.
- * To look at the sunny side of everything and make your optimism come true.
- * To think only of the best, to work only for the best, and to expect only the best.
- * To be just as enthusiastic about the success of others as you are about your own.
- * To forget the mistakes of the past and press on to the greater achievements of the future.
- * To wear a cheerful countenance at all times and give every living creature you meet a smile.
- * To give so much time to the improvement of yourself that you have no time to criticize others.
- * To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



CO/WY District, 01

Nancy DeNiro
14740 E Chenango Pl
Aurora, CO 80015

PLEASE
PLACE
STAMP
HERE